

Healthy Fund-Raising Ideas

School fund-raising activities should support healthy lifestyles. Thus, schools should use healthy food fund-raisers, nonfood fund-raisers, and physical activity fund-raisers.

It is recommended that the sale of food or beverages in schools for fund-raisers should

not take place until the end of the last

lunch period.

For more information

Child and Adult Nutrition Services 800 Governors Drive Pierre, SD 57501 Phone: (605) 773-3413

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The following is a list of options for healthy fund-raisers in schools. It is by no means a complete list; many additional ideas for healthy fund raising exist.

Fund-raisers that support academics:

- Read-a-thon
- Science Fair
- Spelling Bee
- Workshops or Classes

Fund-raisers that support the arts:

- Art Show
- Concerts
- Dances
- Play/ Musical/ Talent Show
- Singing Telegrams Rent-a-Music Group

Fund-raisers that support physical activity:

- Walk-a-thon/ Bike-a-thon/ Jump-rope-a-thon
- 5 Mile Run/Walk or other Fun Run/Walk
- · Golf, Tennis, or Other Sports Tournament
- Bowling or Skate Night
- Sports Camp or Clinic
- Free Throw Contest

Activities to raise funds:

- Auction or Silent Auction
- · Garage Sale
- Car Wash
- · Rent-a-Teen or Rent-a-Kid
- Haunted House
- Penny War
- Recycling Drive



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